

Live one day at a time - and make it a masterpiece

A to Zen of Life

Avoid negative sources, people, places and habits

Believe in yourself

Consider things from every angle

Don't give up and don't give in

Everything you're looking for lies behind the mask you wear

Family and friends are hidden treasures, seek them and enjoy their riches

Give more than you planned to

Hang on to your dreams

If opportunity doesn't knock, build a door

Judge your success by what you had to give up in order get it

Keep on trying no matter how hard it seems

Love yourself

Make it happen

Never lie, steal or cheat

Open your arms to change, but don't let go of your values

Practice makes perfect

Quality not quantity in anything you do

Remember that silence sometimes is the best answer

Stop procrastinating

Take control of your own destiny

Understand yourself in order to better understand others

Visualize it

When you lose, don't lose the lesson

Xcellence in all your efforts

You are unique, nothing can replace you

Zero in on your target and go for it